

10

TOP ONLINE SAFETY TIPS FOR PARENTS

1

TALK EARLY & OFTEN — Online safety starts with open conversation. Ask questions without judgment.

2

KNOW WHAT THEY USE — Learn the apps, games, and platforms your kids are on. If you don't recognize it, look it up.

3

SET TECH BOUNDARIES — Create rules for screen time, app use, and devices in bedrooms.

4

USE PARENTAL CONTROLS — Take advantage of built-in tools to monitor activity and filter inappropriate content.

5

WATCH FOR RED FLAGS — Sudden secrecy, mood shifts, or new online friends could signal something's wrong.

6

PROTECT THEIR PRIVACY — Teach kids never to share personal info like address, school name, or photos.

7

TEACH DIGITAL EMPATHY — Remind them that kindness matters online just like in real life.

8

DON'T RELY ON TECH ALONE — Technology helps, but nothing replaces involved parenting.

9

ENCOURAGE THEM TO SPEAK UP — Let them know they won't get in trouble for being honest.

10

INSTALL PROXYWARE — Block harmful sites and scams before your kids even see them.

Print this out. Post it on the fridge. Share it with your friends.
Download the full Parent Kit at proxyware.com